



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# RESILIENT YMCAS RESILIENT COMMUNITIES

## Illinois State Alliance of YMCAs | 2021 Community Benefit Report



As YMCAs navigated a second year of the COVID pandemic, they were able to positively impact more than 152,000 Illinois households through membership and serve an additional 88,700 individuals through programs.

### The Y's Impact on Youth Development

Through adaptive programs and strategic partnerships, YMCAs supported youth and families in 2021.

- 195 School Districts Served
- 35.75% of youth served receive CCAP
- 31,776 Youth served in Out of School Time programs
- 2,888 Youth served in Early Childhood programs
- 699 Youth served in Mentoring programs

### The Y's Impact on Healthy Living

Whether it was keeping our wellness centers open, promoting drowning prevention or hitting the pandemic head on, YMCAs prioritized healthy behaviors in 2021.

- YMCAs ensured safety for all ages utilizing their wellness facilities through increasing distance between equipment, utilizing advanced cleaning and following other IDPH guidelines
- 20,452 youth and adults received swim lessons to assist with drowning prevention
- 2,771 adults served through evidence-based programming (DPP, Enhanced Fitness, BP monitoring etc.)

### The Y's Impact on Social Responsibility

YMCAs once again stepped up in 2021 to meet the needs of their communities and were a crucial partner in the continuing effort to support our youth through seniors in navigating the pandemic.

- Volunteers engaged – 6,506
- Meals served – 1,256,434
- Services to homeless – 381
- Residential services – 694

YMCAs saw an increase in revenue in 2021, (largely due to continued support from federal and state funding) but were still well below pre-COVID numbers.

.....  
**25%** AVERAGE INCREASE  
IN REVENUE OVER 2020

{ Averaging 13% below 2019 revenue levels }

.....  
**\$59,249,782**

FEDERAL AND STATE ASSISTANCE RECEIVED

.....  
**\$39,981,131**

COMMUNITY SUPPORT RECEIVED

.....  
**\$8,896,902**

COMMUNITY ASSISTANCE GIVEN  
(scholarships/reduced fees)

.....  
YMCAs, like other non-profits throughout the state, struggled to hire quality staff and maintain needed staffing levels through the COVID surges in 2021.

Susan, a recent graduate of the YMCA's Diabetes Prevention Program, lost over 18% of her body weight by implementing small but life-changing habits. Susan says she has a plan to succeed and stay healthy now that her program is over. "I will miss the meetings, but I feel confident that I can maintain my progress because of the information I've learned and the tools I've been given."



"The phone call, support and the many delicious meals really helped us feel connected and cared for. The YMCA values the senior citizens of the community and has demonstrated that in so many ways."  
– Senior Program Participant

"Before camp, Michael was angry a lot was making some bad choices. After Camp, Michael has changed so much. He's talking more, he's not angry anymore and he's making very good choices now."  
– Mother of Camp Program Participant

ANGEL TREE • BACKPACK SUPPLIES • 65 BLOOD DRIVES • COAT DRIVES  
COLLEGE SCHOLARSHIPS • COVID TESTING • EVICTION PREVENTION  
FOOD DRIVES • FOSTER FAMILY OUTREACH • FLU SHOT CLINIC  
MEAL DISTRIBUTION • MENTAL HEALTH FIRST AID TRAINING  
ONLINE SOCIAL NETWORKING GROUP • NURSING HOME SUPPLY DRIVE  
TOYS FOR TOTS • 23 VACCINATION SITES • VACCINE APPOINTMENT SETTING AND  
TRANSPORTATION FOR SENIORS • VOTER REGISTRATION DRIVE  
WARMING CENTER • WELCOME WEEK • YOUTH MENTORING

The Illinois State Alliance of YMCAs brings together more than 800 YMCA program locations impacting more than 150 communities and engaging nearly 1 million Illinoisans to strengthen the foundations of community through youth development, healthy living and social responsibility.

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